



SCV-AFG Intergroup Newsletter

DISTRICT MEETINGS

District 20 Meeting

Third Wednesday of odd months, 7:00-9:00 pm.
Zoom ID: 816 8969 3953
Passcode: 498170.

District 21 Meeting

First Wednesday of all months, 7:00-8:00 pm.
Zoom ID: 632 122 5845
Passcode: D21

District 22 Meeting

Third Wednesday of odd months, 7:00-8:30 pm.
Zoom ID: 958 118 1754
Passcode: district 22

INTERGROUP MEETING

Second Tuesday of all months, 7:00-8:30 pm.
Zoom ID: 829 3562 4652
Passcode: 999

CONTACT INFORMATION

Santa Clara Valley
Al-Anon Family Groups
1 West Campbell Avenue
Room Q82, Campbell CA
95008
Phone: 408-379-9375
Email:
info.scvafg@gmail.com
Website:
<http://www.scv-afg.org>

New contact info? Let us know

It's Annual Report Time!!

Belated New Year's Greetings! All organizations, non-profit or for-profit, produce an annual report, usually at the first of their fiscal year. It can be dry, fiscal, with just numbers, or dressed up, with interesting reports on what the past year accomplished. We're going with the dressed up concept. 2022 was a good year for Intergroup, contrary to what the Covid19 pandemic experience might suggest. We accomplished amazing things. Stay tuned—and we detail it all in this issue of the IG newsletter!

Weatherwise, 2023 got off to a stormy start. Many were unable to get into our January Intergroup meeting by power outages, so the plan is to repeat some of the January Agenda at our upcoming meeting. Maybe we'll see you there on February 14!

Program meetings accomplished amazing things as well. Looking back over 2022, we struggled to work our recovery through the on-and-off Covid19 restrictions using a computer monitor or cell phone, longing for a return of In-Person meetings.

Meanwhile, transformative changes were taking place in front of us! In the beginning, members were forced to find ways to stay connected and continue their recovery without In-Person meetings. Then the reverse happened: In-Person meetings became feasible again. Some members met the technological challenges and became Technical Hosts for their meetings, trouble shooting tech issues,





WE WANT YOU!

Come to an Intergroup Meeting and see how the “trusted servants” of Al-Anon work to make recovery available to the world outside of the rooms of Al-Anon—and how you could join and become one too.

Our most important purpose is to reach out to people still suffering from the effects of someone else’s drinking. In our preamble it is stated:

“Al-Anon has but one purpose: to help families of Alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.”

The only way to hold on to recovery is by giving it away! The power of this program to heal the families and friends still suffering from the effects of Alcoholism is within our capabilities to facilitate.



taking meetings to the In-Person/Zoom format, called “Hybrid.” and making combined live-and-remote meetings possible, all while tumbling through challenges to a glitch-free Hybrid format.

Going Hybrid was a challenge which some gave up on. Some meetings closed as a result, some went live or went Zoom, but not both. For some, the Hybrid form became a new option. People from across the world could attend, just like Zoom-only meetings, making this new Hybrid meeting format viable.

All in all, we did it! We supported recovery for all by meeting the needs of all: a wonderful outcome to a seemingly insurmountable problem. The only downside to Zoom and Hybrid is that being with other people in recovery, in person, is just unbeatable.

Is there A Place for You In Intergroup?

Yes! A three year pandemic put a damper on Intergroup volunteer participation, funding, and service. Participation at both the group level and the other service levels is low. You could be part of this! As we exit the pandemic, it’s time to consider stepping up to service! Check with your Sponsor, ISR Rep, or Group Rep, to find out more. scv-sfg.org lists the positions and their descriptions, and anyone can attend an Intergroup Meeting. Currently open positions are listed following this article.

Intergroup and its three Districts began their nomination processes in the Fall for 2023 terms of service beyond the group level. Intergroup confirmed the new volunteers at our November meeting, but did not have nominees for all positions, so some are still open. Maybe one would suit you! Positions run from January 1 to December 31 for Intergroup Representatives and Coordinators.

Intergroup Officers, nominated from the Intergroup membership, were also elected in November. They serve three year terms. Group Representatives and Alternates, elected by their groups, also serve three year terms, staggered so that they don’t all expire at once.

Commitment to Rotation of Service

What does this mean? The membership wants new ideas and new faces in leadership to keep the organization fresh and growing, always reaching out to people in need of recovery. It’s a very sound idea, but it’s not perfect See the following topic, “How to Approach a New Service Position.”

Bookstore Thought Force

Our Al-Anon bookstore at the Campbell Community Center has been affected by the Covid19 pandemic. Sales are down. It is concerning. A "Thought Force" was formed to investigate it. The Thought Force created a survey to get members' input on this issue.

The Survey asks questions like: Did you know Al-Anon has a walk-in bookstore in Camp-bell? What kind of Al-Anon literature (if any) do you purchase: print or electronic? Are you willing to be a volunteer bookseller for a few hours a month? And more!

Keep an eye out for it, take it, then return it to us. We need your input to know how to proceed with our bookstore!



Continuation of Service

Sometimes continuation of service can be called for. The subject was raised at the November 2022 meeting. Maybe serving for another year would be helpful for Intergroup and your recovery. Of course, rotation of leadership is important. However, we have a number of open coordinator positions, so everyone was encouraged to continue on if they could for 1 more year. This would provide continuity and continue the momentum that has been building over the past few years. There are many unfilled positions looking for people to step up to service. (See the list of open positions further down in the newsletter). We are grateful and thankful for all that step up to do service for our Intergroup: ISRs, Coordinators, Officers, Service Board Members and Bookstore volunteers. Everyone is contributing and doing their part.

Approaching a New Service Position

In 2023 Intergroup is instituting a buddy system to assist all new ISRs (Information Service Representative), Coordinators and Officers ease into their new service position—your buddy is generally the person who previously held the position or someone who held the position in the past. At the beginning of all Intergroup meetings a presentation will be used to educate everyone on what it means to be part of Intergroup. There has been confusion in the past as to "Why, or what am I supposed to be doing?" This has been the feedback from most new ISRs. We are committed to giving everyone answers and clear directions. Remember our primary purpose: to reach out to families of alcoholics: assisting them to know there is a solution. For us, it's been working the Steps, Traditions and Concepts of Service in Al-Anon.

So—Yes, there is a place for you in Intergroup. Step up, continue with Rotation of Service, and utilize Continuation of Service. Balancing these three is a good plan.—Nancy B





Chairperson Maria’s Out Going Message

Al-Anon is slowly finding the way back from the pandemic. Two key components of our recovery are:

- 1) giving our time and talents to this special, healing recovery program we practice, and
- 2) giving your financial support to this amazing organization to keep its infrastructure healthy.

Read Maria’s outgoing message on page 9 about the recent quarterly appeal. Al-Anon needs your support! To make it easy, look at the Intergroup QR code below. Take a picture of it, and send a New Year’s contribution to Intergroup!



Open Service Positions for 2023

Archivist Coordinator

Collects and organizes a permanent file of minutes of Intergroup meetings, annual reports from officers, committee chairpersons, and special events chairpersons

- Coordinates the storing of archive material from District 20, 21, and 22, as the Districts may request
- Maintains records on the Google Drive folder of all Agendas, Minutes, and flyers to keep a permanent record of all our meetings, entailing both the Intergroup meetings as well as Service Board meetings

Facilities Coordinator

Responsible for the business operation of the Intergroup office, sets business office hours, and supervises the activities of office volunteers.

- Recruits booksellers to operate the bookstore
- Trains booksellers on the computer and bookkeeping
- Obtains supplies needed to run the bookstore
- Maintains the keys needed for anyone needing access to the office
- Liaison between Intergroup and Campbell Community Center
- Manages the mailbox for the NCWSA (Pink Can Funds and any other mail)

Institutions Coordinator

Cooperates with Districts 20, 21 and 22 to arrange for Al-Anon and Alateen meetings in hospitals, institutions, etcetera, for alcoholics' families, guided by the Service Manual and other CAL

- Is a registered AMIAS and will need to complete a background check with Santa Clara County Criminal Justice system
- Recruits members to participate in the local jail meetings such as Juvenile Hall, Elmwood and the main jail, as well as hospitals and other institutions

Insurance Coordinator

Interface with our insurance vendor, DRs, GRs, Service Coordinators, and Treasurer as needed to provide insurance overage for SCV-AFG



Anniversary Chips

Many celebrate their Al-Anon birthdays with a chip. But this is not an approved Al-Anon protocol. (Who knew?) Because of this, our bookstore in Campbell is "liquidating" its remaining stock of chips. It's the early year chips that have run out. But you can get chips at recovery-world.com, an online business that sells chips! If you and your group still plan to observe this custom, contact them.

Zoom/Hybrid/Live: You Can Choose!

Meetings are starting in person again and people are attending them. It is so great to see our friends in person again!

But how to find them may be an issue. Not to worry! All meetings are listed on alanon.com. See the stories on page 10 to learn more.



- Complete the vendor's insurance application form with current information to get the quote for our 3 policies (Liability, Property, and Directors & Officers). The coverage will include that for the SCV-AFG group meetings. Process starts in December/January. Coverage ends and starts again mid-February of each year
- Provide the insurance vendor a list of the SCV-AFG group meetings (group meeting name, location name and address).
- With the SCV-AFG officers, determine the requested donation from each Group for the current year's insurance. Create a flyer requesting the insurance donation and amount for each Group for promotion on the website and distribution to Group meetings.
- Keep track of which meetings have paid their insurance donation and keep the DRs updated periodically as to which meetings have or have not paid.
- Provide a copy of the Group Meeting location certificate when requested.

Public Information Coordinator

The Public Information Coordinator is responsible for sharing the Al-Anon and Alateen message with the public: who we are, what we do and how to get in touch with us

- Maintains a list of speakers willing to speak at the public level ,and speakers willing to speak at Al-Anon and Alateen event
- Is guided by the available literature supplied by Al-Anon Family Group Headquarters, Inc. and any policies which may be set by this Intergroup
- Coordinates with public event organizers to hold an information table at these events, and recruit volunteers to staff the information tables
- Responds to inquiries from anyone about Alanon and Alateen
- Motivates Districts 20, 21, and 22 to coordinate local outreach projects themselves

Special Events Coordinator

Intergroup often holds one major fundraiser a year and the Coordinator is tasked with running this event from start to finish which includes:

- Theme Development
- Location and date

**Really, Really Big
Website News**



Our scv-afg website project has been through many iterations in the past two years, as many who have followed it know. The one thing we all agreed upon was that we had to do something about our old one. Compared to other websites, it did not meet 2023 needs.

While we tried to figure what direction to take, we learned that NCWSA was also working on this, as were many other NCWSA Districts. So we combined forces! Together we're building a website template that serves everyone and still leaves room for individual groups to express their unique needs. This feels so right! Our internet presence receives a boost, and our primary purpose is honored:

"to help families of alcoholics",

Thank you for your support!

–The Website Committee



- Recruit support personnel (A Special Events Committee can be formed with others to accomplish these events)
- Flyer development
 - Chair planning meetings
 - Get the proper approvals, location rental and Insurance
 - Chair the event
- Subsequent to the event, the Coordinator or committee shall submit a report to Intergroup within thirty days after the event, with a copy given to the Archivist for storage in the archives.

Technology Coordinator

Makes sure all the technology in the SCV-AFG Bookstore/Office is working correctly

- Updates this technology (software, hardware, and security) when needed
- Makes recommendations for new technology, software, and security as needed
- Is available to answer questions and troubleshoot for authorized members working with the technology
- Negotiates and sets up payment/renewal contracts for said technology
- (Note; Technology Coordinator is a new position. This Coordinator works with the Officers to trouble-shoot the equipment and software as needed to keep the Intergroup office and bookstore afloat.)



“Al-Anon Speaks”

A feature of the newsletter, “Al-Anon Speaks” was especially created for you, our members, to claim voice for whatever recovery centered topic you wish to speak to. But the voices of Alanon have not been getting to us lately. Yoo hoo, we know you’re out there! You have something to say. Sharpen up your pens and pencils, and send us your stories, your reflections, your meditations on recovery. We want to hear from you.

We welcome your insights into recovery. How did you get here? What was the event or person or miracle you experienced? We’re listening...



Al-Anon Speaks

Tackling the Twelve Traditions One at a Time:

Tradition One

Our common welfare should come first; personal progress for the greatest number depends upon unity.

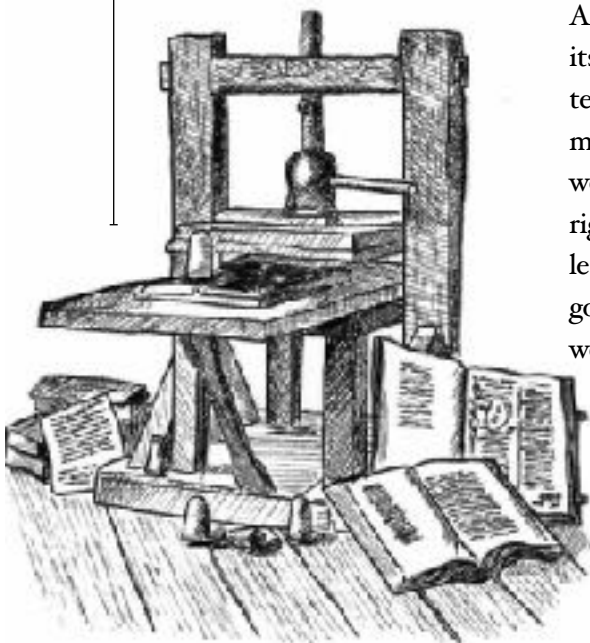
In my experience the twelve traditions are not as commonly known as the twelve steps. I found them even a little overlooked when I started coming to meetings. They are mentioned and read but I had not really dug deep and did not work with them until recently. Yet, they have an important part in the Al-Anon program and my recovery, and even in my personal and professional life. This article will delve into the first tradition, and my experience.

Let me start with the Preamble which reads “The traditions that follow bind us together in unity. They guide the groups in their relations with other groups, with A.A. and the outside world. They recommend group attitudes toward leadership, membership, money, property, public relations, and anonymity.”

Simply, this first paragraph showed me these traditions are guides to healthy meetings, gatherings and relationships. They are the ways I can use to guide me in success with business of meetings (in and out of the rooms).

The Traditions evolve for the experience of A.A. groups trying to solve their problems of living and working together. Al-Anon adopted these group guidelines and over the years has found them sound and wise. Although they are only suggestions, Al-Anon’s unity and perhaps even its survival are dependent on adherence to these principals. To me, this tells me this is a loving program and is gentle because it is not telling me I have to follow the rules perfectly. Growing up I thought life would be good if I walked a straight line and did everything exactly right, no room for mistakes. To me, this reminded me of a boss and leader I worked with who used to end our meetings saying, “for the good of the order.” And to me it was right, it was a clear message. We were all trying to work together to create the best for the team not for

Us as individuals. I found that working together provides me with a variety of different personalities and experiences coming together, but when I can leave my ego aside and work for the greatest good, I find so much success. When I achieve this the outcomes are



Bylaws Revision

In April 2021, Intergroup determined that revision of the Bylaws was due. Many things had changed since the last version was approved, like– The Internet was born, grew, and matured!

When we started, we had no idea what would prove dated or obsolete, Under the leadership of Vassu R, we pored over the old Bylaws and brought them up to date. Some material was dated, like the mandate “monthly meetings take place on the second Tuesday of the month, starting at 7:30.” That changed to “The Service Board/Board of Directors shall determine a regular cadence of meetings. The April meeting shall be deemed the annual meeting.”

And it went from there. It wasn't so hard after all. Of course there were a few things that more involved and substantive, but all in all, it was pretty straight forward In February we will start reviewing the revised by-laws during our meetings and hopefully affirm them by mid year.



amazing! We work together and create results which are for the greater good. It gives me the opportunity to see talents, gifts and experiences of others. It can be in the rooms at a meeting or in my daily life. This helps me make space not just for others but for my higher power to fill the space and open my heart and mind creating unity, balance, opportunity to truly hear others' experiences, strengths and hope that helps me learn and grow.

As I applied this tradition to my life, I found more growth. I found myself listening closer in meetings both in the rooms and at work. I found myself more open to others' ideas and perspectives. I found this balance where I did not have to try and force my ideas. I was so much better at letting others in and giving them space and time to share their ideas and perspectives. The end results were often beautiful because I could see the value of many not just self. Even in my professional life where I was a manager and leader, I was able to give the control to others, share the work and the accolades. I found my employees were feeling loved and supported, and knew it was genuine because they were heard and valued.—CJ

The ultimate source of peace in the family, the country, and the world is altruism.

— His Holiness the Dalai Lama, The Meaning of Life





Al-Anon Family Groups
Help and hope for families and friends of alcoholics

December 21, 2022

Greetings Al-anon and Alateen members,

This letter is our End of Year appeal to all Al-Anon and Alateen members. At our December meeting, we approved our 2023 budget and it is based on receiving \$29,000 in 7th Tradition donations from our membership, a little more than we received this year. Currently our contributions and literature sales are not meeting our operating budget.

The 2022 SCV-SFG budget continues to reflect the impact of the current pandemic on revenues. Without continued contributions and literature sales, we might need to reduce the services we provide. We need your help. If every member purchases one book from the SCV-SFG bookstore, from your group or makes an individual contribution, we can significantly improve our financial balance.

These are the ways to donate to SCV AFG: 2.

1. VENMO - simplest and easiest:
@Inter-group-treasurer
Confirmation number is 1916
2. Mail your donation to:
Santa Clara Valley Al-Anon Family Groups (SCV-AFG AIS Intergroup)
1 West Campbell Ave. Room Q82
Campbell, CA 95008

Thank you for taking the time to consider how you can support our end of year appeal as we continue to honor our primary purpose of helping families and friends of alcoholics. We can't do it without you.

In love and service,

Maria G
Chairperson
SCV-AFG AIS Intergroup



venmo

Santa Clara Valley Al-Anon Family Groups (SCV-AFG AIS Intergroup)
1 West Campbell Ave. Room Q82
Campbell, CA 95008

Friends of Lois AFG

"Is registered as an electronic group and therefore belongs in the GEA (Global Electronic Area). Only when the Group Reps of NCWSA vote on a policy to welcome electronic groups into our Area service structure, AND the Group Reps of the GEA vote on a policy to release electronic groups from their Area, can we begin welcoming registered electronic groups into our Area. Then our Area Group Records coordinator can begin managing those groups and Districts and Intergroup can begin listing those groups. The soonest NCWSA Group Reps will be able to vote on such a policy will be at the October 2023 Assembly. As for when the GEA Group Reps will vote on a policy to release groups, cannot speak to when that will happen. For now, the only way to have a group listed on the SCV Intergroup website is to register as a physical group."

—John M, Delegate,
Panel 61, NCWSA.

What!? My Meeting Listing Vanished!

As of December 1, 2022, SCV-AFG no longer lists meetings that have registered with the WSO as permanently meeting electronically, and meet only electronically, i.e., those without a physical component. During the World Service Conference in April 2022 a new area—Global Electronic Area (GEA)—was created to give these electronic meetings voice and vote. It's very exciting to have this new area, and finally bring permanent electronic meetings into the service structure of WSC.

Now that they have their own area, listing them on our website, when they are managed by another Area, is not in alignment with Concept Ten. In order to be listed on SCV-AFG, website groups must have previously registered with a physical location in D20, 21 or 22. If new, a meeting must have a physical location within our districts. ALL Al-Anon meetings—whether meeting electronically, or temporarily meeting electronically, or hybrid, are listed at <https://al-anon.org/al-anon-meetings/>.

NOTE: NCWSA (Northern California World Service Area) has created a Thought Force to determine if NCWSA will admit permanent electronic meetings into our area. A full report on the Thought force will be presented at the NCWSA May Assembly.

Another Way to Find Your Meeting!

Locally, that is! Seventeen years ago, a privately generated listing of Al-Anon meetings and events was created by Nasser V. of District 17. It's a labor of love! Nasser lists all events and meetings upon request from members of NCWSA/Al-Anon. He will add you to his list, and you can post announcements on it. He mails it to a list of 800-900 NCWSA Al-Anon members. Contact Nasser at: vijehn@aol.com. See a sample of his recent mailing below: There's so much more in the mailing: events, flyers, listing changes, announcements of all kinds. Check it out!

Remember not to forget

[Welcoming Newcomers to Electronic Meetings](#)

Links to information for newcomers:

<https://al-anon.org/newcomers/>

<https://al-anon.org/newcomers/self-quiz/>

<https://ecomm.al-anon.org/EN/ItemDetail?iProductCode=EK10>

<https://al-anon.org/for-members/members-resources/literature/downloadable-items/>

<https://al-anon.org/for-members/members-resources/literature/magazines/afa-magazine/>

[Welcoming Newcomers in the New Year!](#)

The family disease of alcoholism never takes a vacation

[https://al-anon.org/blog/welcoming-newcomers-in-the-new-year-2/?](https://al-anon.org/blog/welcoming-newcomers-in-the-new-year-2/?utm_source=intheloop&utm_medium=email&utm_campaign=20230104ITL&utm_ter)

[utm_source=intheloop&utm_medium=email&utm_campaign=20230104ITL&utm_ter](https://al-anon.org/blog/welcoming-newcomers-in-the-new-year-2/?utm_source=intheloop&utm_medium=email&utm_campaign=20230104ITL&utm_ter)

Presume Good Will

At right is the report our newly elected Chairperson, Penny H.P., gave to the NCWSA October 2022 Assembly last fall.

Penny was asked to provide it to be included in this Annual Report issue of the IG Newsletter. It sums up so well what Intergroup does on behalf of our larger membership. We did well last year, the final year of the on-again off-again pandemic!

"Presume good will" became our mantra.

Chairperson Maria made this statement at the beginning of each monthly meeting to remind us that we had come from an argumentative state, now not so much. Her reminder set the tone, meetings progressed with good will throughout the year.

At the end of 2022 we said an affectionate good-bye to Chairperson Maria G, who guided Intergroup through the pandemic years, and welcomed Penny H.P., our new Chairperson, who will guide us forward.

–Nancy B
Newsletter Coordinator



Hi, I'm Penny H.P. Santa Clara Valley Al-Anon Family Groups AIS Intergroup Liaison to NCWSA.

SCV-AFG Intergroup is the Area Information Service arm for Districts 20, 21 and 22. We meet on the second Tuesday of the month via Zoom. For the past two years since Maria G. (our Chair) and I were elected to our positions, we have continued to pull back the covers on a few things that we weren't sure were working, to determine what works and what doesn't.

1. We continue to forge the connection of our work with the Districts we serve: 20, 21 and 22, as well as with NCWSC and WSO, and ensure we are doing the service they want from us and we stay open to options that may better serve them. There are sixty-five Al-Anon meetings in our Intergroup and of those:

- Twenty-three have an in-person component: eight Hybrid and fifteen in-person.
- Thirty-four meetings are temporarily meeting virtually and have had a physical location in Santa Clara Valley before the pandemic
- Eight meetings are Registered Electronic Groups (REG) all originated during the pandemic from members within our Districts and are registered as part of the Global Electronic Area (GEA).
- We have two Alateen meetings that are meeting in-person.

2. There was so much discussion and discord that the Bylaws were not being followed and so a Task Force has been working diligently for over a year to update our Bylaws as they were outdated. We hired an attorney, and she has reviewed and updated them to ensure we are following the 501(c)(3) laws and very soon we will have the final draft presented to our membership to start the process of discussion and approval.

3. Last month we formed a Thought Force to determine how our members want to receive their Conference Approved Literature (CAL). We have a physical location for our Literature Distribution Center (LDC). Members are slow to return to using the bookstore to buy their CAL so the revenue stream from literature sales has not increased as we had hoped. With only two to four visitors on the three days during the week the bookstore is open, and with the overhead expenses to operate a physical location constant, it's our fiscal responsibility to look at the

viability of keeping a physical location. Our Literature Coordinator continues to stock the bookstore so that when members come to shop, they can find the literature they need.

4. Our website committee is working closely with NCWSA and the “Share the Abundance” website project. We are confident that we will have a new and improved website in 2023. We had worked with a website designer, who didn’t develop our website and we had to spend some legal time confirming he must pay us back the money we gave him to do the work.

5. Our Financial Coordinator has continued to do a fabulous job and continues to willingly jump in and complete any financial work that needs to be done locally, since our Treasurer lives out of the area.

6. When the pandemic hit, Intergroup was in a pretty good financial standing, However, with sixty-six percent of our meetings still meeting virtually and literature sales down significantly, by the end of 2021 were dipping into our prudent reserve! Our Intergroup Venmo account has made it so much easier for our groups and individual members to send in their donations. We appealed to our membership, and they responded abundantly, and we are no longer dipping into our Prudent Reserve.

7. Our newsletter coordinator continues to create fabulous e-newsletters that are very informative and inspirational.

8. Our Teleservice Coordinator has done an amazing job of responding to those that call the Teleservice help line. From her insights in what those reaching out for help needed, we made several improvements to our website to help her to direct newcomers to meetings.

9. We restarted live Alateen meetings and continue to work to get sponsors and Alateens to fill them

10. We are a great place to test out service beyond the group level. Even so, we continue to have challenges filling our open Coordinator positions. This challenge occurred before the pandemic, and has not improved. Eight Intergroup positions have been unfilled for almost 2 years.

11. At almost every monthly business meeting this year there has been discussion about meetings transitioning back to in-person, hybrid meetings, and what meetings are to be listed on our website. We are currently in discussion as to how we are going to handle listing Registered Electronic Groups (REG) that originated from members from our Districts. We are aware that the Area vote won’t happen until the earliest at the May 2023 Assembly and we look forward to hearing the progress that the NCWSA Thought Force is making on accepting REG’s into our Area.

The attitude and tone of members of SCV-AFG Intergroup has improved tremendously. This change has contributed to a changing tone from adversarial to kindness, cooperation and presuming good will. We are so grateful and thankful for all that step up to do service for our Intergroup: IGRs, Coordinators, Officers, Service Board Members and Bookstore volunteers. Everyone is contributing and doing their part. We work one day at a time on improving how we function as a group, using the Steps, Traditions and Concepts, and Service Sponsors to guide us. This past year has been rocky at times and in general has made us a more functioning family.

In Love and Gratitude,

Penny H.P.

SCV-AFG Alt. Chair and AIS Liaison to